

You can now access Unmind's EAP

Your Employee Assistance Program (EAP) is here to help you navigate life's ups and downs – confidentially and at no cost to you. Access expert guidance, practical resources, and emotional support whenever you need it. Book practical support (e.g., childcare resources and legal guidance) directly in the platform.

What you might need EAP for



24/7 Support

A helpline that provides immediate, confidential support anytime your team needs it.



Legal & Financial Guidance

Expert support to help employees with money worries or legal concerns.



Critical Incident Support

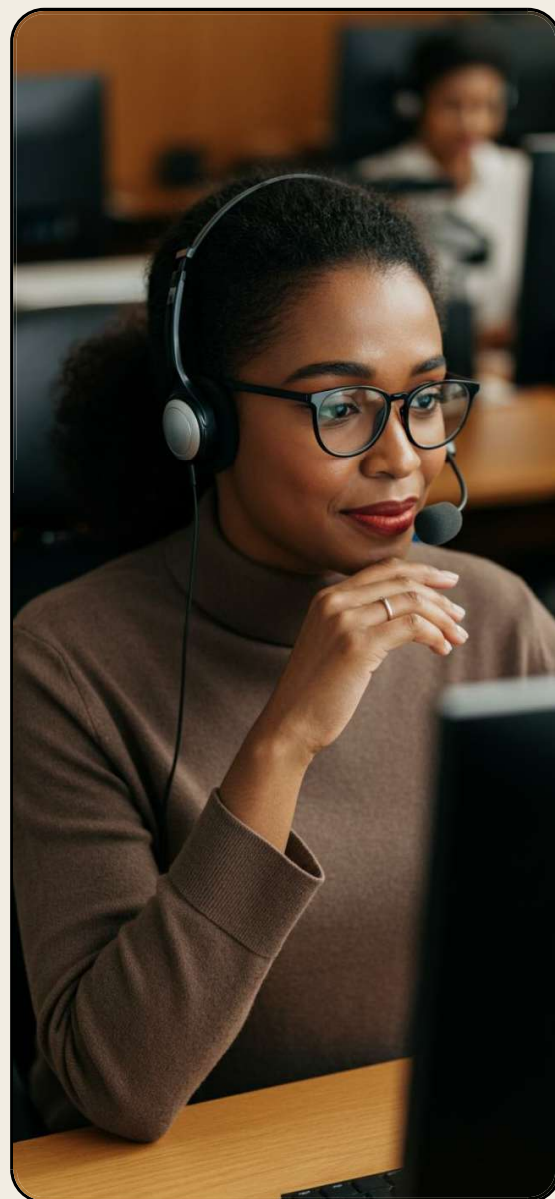
On-site assistance from clinically trained specialists to help you navigate difficult events.

How to access it?

Scan the QR code below or tap the  button in the app or desktop view to access all EAP services. After choosing the right method of support, you can contact providers directly.



Your wellbeing matters.
Explore your EAP today.



Unmind